

## **Regulations for the use of rehabilitation pool in the “Dom Zdrojowy” facility**

of Uzdrowisko Świeradów-Czerniawa Sp. z o.o. - Grupa PGU

1. Prior to entering the rehabilitation pool, every user of the rehabilitation pool is obliged to read the price list of services, the rules of use applicable within the facility, the rules of use of devices, as well as regulations of the rehabilitation pool.
2. In order to ensure safety, the rehabilitation pool area can be monitored in a continuous manner, while the video recordings may be used as evidence in regard to legal liability of the users, who do not comply with regulations of the pool.
3. Uzdrowisko Świeradów-Czerniawa Sp. z o.o. - Grupa PGU declares that monitoring is implemented in the manner which does not violate the personal rights of pool users.
4. Depth of the rehabilitation pool is: 1.3 m.
5. The rehabilitation pool is open Monday-Saturday from 07:00 am to 9:00 pm, while on Sunday and holidays from 2:00 pm to 9:00 pm.
6. Only persons with a valid pass, entrance ticket, special wristband or treatment sheet are allowed in the pool area.
  - ✓ in the case of having a wristband that identifies a Health Resort Guest, the time of staying in the pool in the afternoon is unlimited during its opening hours,
  - ✓ in the case of purchasing a single entry to the swimming pool, the fee for 60 minutes of stay is collected in advance, in accordance with the price list and it's non-refundable.
7. Children under the age of 10 may stay in the pool only under the supervision of an adult. Such adult bears full responsibility for the children entrusted to his/her care and is responsible for any damage.
8. Prior to entering the pool, every user is obliged to wash the entire body using washing agents and foot disinfection agents, under the pain of entry ban.
9. After using the toilet, every user must wash its body before re-entering the water.
10. The swimming pool users are required to wear clean swimwear.
11. The following swimwear is required at the pool:
  - ✓ one-piece or two-piece swimwear without loose strings and decorative elements,
  - ✓ swimming trunks or shorts close-fitting to the body, without pockets or hanging strings,
  - ✓ children under the age of three must wear disposable diaper pants designed for bathing,
  - ✓ clean changeable pool footwear (with non-slip soles),
  - ✓ bathing cap.
12. It is prohibited to swim in trousers, Bermuda shorts, wetsuits, thongs, loose tunics, T-shirts or naked.
13. The users of the rehabilitation pool cannot be dressed in an outfit that prevents the pool staff from identifying diseases that exclude people from using the pool:

✓ skin diseases, fungal infections, papillomas, erythema, erysipelas, herpes, etc.

✓ open cuts, hard-to-heal wounds,

✓ use of a stoma bag,

14. It is prohibited to use the rehabilitation pool by persons who show the symptoms of:

✓ lack of personal hygiene,

✓ epilepsy,

✓ frequent intravenous infections on the limbs,

✓ difficulties with breathing,

✓ balance disorders,

✓ aggressive behaviour,

✓ consumption of alcohol or drugs.

15. Exiting and entering the rehabilitation pool can only be done in the places specially intended for this purpose.

16. The lifeguards are responsible for the safety of persons using the rehabilitation pool.

17. It is prohibited to consume alcoholic beverages, drugs or to smoke within the facility.

18. In order to provide users with the maximum level of safety, it is prohibited:

✓ to run around the swimming pool hall,

✓ to jump into the water from edges of the pool and push other users into the water,

✓ to chew gum and eat meals within the swimming pool hall,

✓ to swim with band-aids or therapeutic plasters,

✓ to swim with optical glasses,

✓ to use rescue and floating equipment for purposes other than their intended use,

✓ to make noise and alert a lifeguard for no reason,

✓ to use equipment with glass elements and shampoos in glass containers,

✓ to swim with sharp objects on the hands, e.g. rings, watches, earrings,

✓ to pollute the pool water,

✓ to swim with fins,

✓ to take pets to the swimming pool.

19. It is prohibited to enter the rehabilitation pool in outerwear and shoes. Such items must be left in the cloakroom, while the remaining clothes must be left in the locker provided in the changing room.

20. Uzdrowisko Świeradów Zdrój-Czerniawa Sp. z o.o. – Grupa PGU is not responsible for items lost or stolen within the premises of the facility, as well as for valuables left in the cloakroom or in other places of the facility.

21. The persons contributing to the destruction of the pool property bear full financial responsibility for the caused damage.

22. Every user of the sauna zone is obliged to read the regulations and to comply with the rules contained in it.

23. Any cuts, injuries and deterioration of well-being must be immediately reported to a lifeguard present in the rehabilitation pool.

24. The users of the complex are obliged to comply with the decisions and orders issued by a lifeguard.

25. The persons not complying with the regulations will be obliged to leave the swimming pool area, without the possibility of refund.

26. Water attractions must be used with due caution, in order to eliminate the possibility of an accident or injury.

27. Uzdrowisko Świeradów-Czerniawa Sp. z o.o. - Grupa PGU is not responsible for accidents and damages resulting from non-compliance with the regulations, recommendations and instructions of the staff, or by incorrect use of the facility's devices.

28. The use of rehabilitation pool is tantamount to the acceptance of these regulations without reservations.

29. The lack of knowledge regarding the regulations does not exempt the users from responsibility for incorrect use of the rehabilitation pool as well as its devices, and the Company is not responsible for any negative consequences in this regard.

30. The entry of users to the swimming pool is allowed until 8:30 pm.

31. The pool rooms must be exited no later than 10 minutes before the pool closes, regardless of the entry time.

32. EMERGENCY PHONE NUMBERS:

✓ POLICE - 997

✓ FIRE DEPARTMENT - 998

✓ EMERGENCY MEDICAL SERVICES - 999

✓ EMERGENCY PHONE NUMBER - 112

33. The regulations are available on the following website of Uzdrowisko Świeradów - Czerniawa Sp. z o.o. - Grupa PGU: [www.uzdrowisko-swieradow.pl](http://www.uzdrowisko-swieradow.pl) as well as at the pool reception desk.